

10 February 2019

Dear Parent/Guardian,

Re: Core PE

As you will be aware your child has 2 dedicated core PE lessons per week in which they are encouraged to exercise to promote their physical and mental well-being. Whilst as a school we recognise the importance of such time, for some students they will feel that this time is better spent revising for their GCSE exams. To support them in their preparations we will be offering our Y11 students the following choice in how they use their core PE lessons, **if they are not already working towards a qualification in this time:**

Option 1: They continue to take part in fully-supervised physical activity during Core PE lessons.

Option 2: They take part in fully-supervised silent revision during core PE lessons, students will need to bring revision guides and resources to these lessons to make the most of this time. There will be optional Y11 PE sessions scheduled for 3.30pm until 4.30pm each Tuesday where students can still take part in physical activity if they wish.

PE staff will take choices from Y11 students over the next week and changes to grouping will take effect from Mon 25/2/19.

Yours sincerely,

Jack Whitehead

Senior Assistant Head Teacher – Curriculum and Standards