



**Smestow School**  
Windmill Crescent  
Castlecroft  
Wolverhampton  
West Midlands  
WV3 8HU

Interim Head of School: Mr. D. Smith  
Executive Headteacher: Mr. C. Jones

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6<sup>th</sup> July 2020

Dear parent or carer,

### **Subject- Relationship, Health and Sex Education Curriculum**

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

The Relationships and Sex Education curriculum will build on the teaching at primary and will sensitively approach the religious beliefs of our students. It aims to give young people the information they need to help them develop healthy, nurturing relationships of all kinds. The RSE curriculum is split into two distinct sections; Relationships and Sex education and Health Education.

#### **Relationship and Sex Education**

This section of the curriculum will cover content on what healthy and unhealthy relationships look like and what makes a good friend, colleague and successful marriage or committed relationship. At the appropriate time, the focus will move to developing intimate relationships, to equip your child with knowledge they need to make safe, informed and healthy choices as they progress through adult life.

#### **Health Education**

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise. The curriculum content refers to; mental wellbeing, internet safety and harms, physical health and fitness, healthy eating, drugs, alcohol and tobacco, health and prevention, basic first aid and the changing adolescent body.



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## Right to withdraw

Under the new government guidance you cannot withdraw your child from Health Education or the Relationships Education element of Relationships and Sex Education, because it is important that all children receive this content, covering topics such as friendships and how to stay safe. If you would like to withdraw your child from the sex education element of the curriculum please fill in the withdrawal form and send to [central@smestow.org](mailto:central@smestow.org)

## Consultation Period

As a school we value your opinion and would like to take this opportunity to receive your feedback or alleviate any concerns you have about the new RSE curriculum. The policy is now available to view on the school website. The curriculum map and the withdrawal form is available on the Relationships and Sex Education Policy September 2020. Alternatively you can email [central@smestow.org](mailto:central@smestow.org) and we can arrange a face to face meeting.

Yours Sincerely

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